



July•2024

Golden Acres

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Indoor Exercise 8am Aqua Fit 10:30am Canada Day	2	Aqua Fit 10:30am	Indoor Exercise 8am Independence Day	5 Aqua Fit 10:30am	6
	7	Indoor Exercise 8am Aqua Fit 10:30am	9	Aqua Fit 10:30am	Indoor Exercise 8am	Aqua Fit 10:30am	13
	14	Indoor Exercise 8am Aqua Fit 10:30am	16	Aqua Fit 10:30am	Indoor Exercise 8am	Aqua Fit 10:30am	20
	21	Indoor Exercise 8am Aqua Fit 10:30am	23	Aqua Fit 10:30am	Indoor Exercise 8am	Aqua Fit 10:30am	27
	28	Indoor Exercise 8am Aqua Fit 10:30am	30	Aqua Fit 10:30am			